

First Aid on the Phone and the Internet

Eran Call Center – Mental First Aid

Phone Call: 1201

<http://www.eran.org.il>

Sahar – Internet listening and help

Anonymous chat with volunteers where you can talk about everything from 9pm to 12am every day except Friday.

<https://sahar.org.il/>

Support Services at Ben-Gurion University in the Negev

Psychological Service:

Phone: 08-6461088

<http://in.bgu.ac.il/Dekanat/Pages/about-pserv.aspx>

The University's psychological counseling services provide counseling, intervention and crisis treatment services, including personal and group psychotherapy. Psychological counseling services often refer external care providers or help them get community care.

Student Dean:

Students with medical and mental health problems are eligible and guidance.

086428810

https://in.bgu.ac.il/Dekanat/Pages/physical_limitation.aspx

In case of emergency, please contact:

Emergency Room and Psychiatric Counseling - Mental Health Clinic - Soroka Medical Center

<https://hospitals.clalit.co.il/soroka/en/med-units/Pages/psychiatry-home-page.aspx>

Phone: 08-6400351

Email: somr25@clalit.org.il

Sunday - Thursday 8:00 - 16:00

Location: Department of Psychiatry, Ground Floor. On Map: Building 66 in Area 6 – Blue

Additional treatment options:

- Community Clinic of the Department of Psychology- Unlimited Psychological Treatment Meetings 08-6477002
<https://www.bgucommunityclinic.com/>
- Isha b'shela - Psychological treatment for men and women 08-6428369
<https://in.bgu.ac.il/humsos/womancenter/Pages/aboutIshaBeshela.aspx>
- Sylvia A. Brodsky Immediate Counseling Center aims to quickly respond to students who have urgent problems and crisis situations.
https://in.bgu.ac.il/Dekanat/Pages/Crisis_intervention.aspx
- Kupal Holim – Medical Centers- Independent therapists (self-employed)

Additional services:

- Nathan - Academic Mentoring Services for Students Facing Mental Disability, for those Eligible for Rehabilitation Benefits

Contact details: nathan.bgu@gmail.com

Phone: 052-7560470

- NATAL - National Trauma Victims - natal.org.il - Helpline: -1- 800-363-363
Information center and assistance through telephone answering - providing information, guidance and initial assistance in welfare matters - 118
- Inbal Association - Sexual Vulnerability Treatment
<http://www.yachdav.org.il/%D7%A2%D7%9E%D7%95%D7%AA%D7%AA-%D7%A2%D7%A0%D7%91%D7%9C.html>